

Grocery List Memory

Two or more players. Age range: 5-10

Items needed: paper and pencil (or pen)

Game Variations:

- Use 8-10 items on the list for a greater challenge
- If too difficult, just use names without quantities

To Play:

1. On a sheet of paper, Player 1 makes a "Grocery List" of a specific number and type of fruits and vegetables. For example 6 apples, 11 oranges, 3 cucumbers, 4 bananas and 9 tomatoes.



2. He or she reads the list to the other players who complete 30 seconds of exercise (jumping jacks, hops, skips, jump rope, etc.) chosen by Player 1 while listening.
3. After completing the exercise, each player whispers to Player 1, one by one, the items written on the sheet of paper.
4. The player who correctly lists the most items wins the round. He or she gets one point. If there is a tie, then both players (or all) will get a point..
5. Play advances so that each player has a chance to create the "Grocery List".
6. The winner is the first player to get 5 points.

NOTE: If you live in an apartment and have people living below you, please be courteous to them when playing the game.