

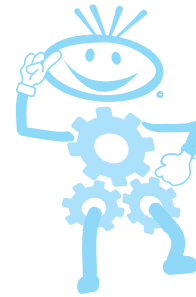
Spelling Motion

Two or more players. Age range: 6-10

Items needed: paper, pencil (or pen) and a bowl

Before You Start:

1. Think of a 5 letter word, such as APPLE. Write each of the letters on a small piece of paper.
2. Use 3 more pieces of paper and leave them blank.
3. Fold all 8 pieces of paper in half and put them in a bowl.



To Play:

1. Player 1 will place the bowl on one side of the room (or kitchen table) and prepares to time Player 2.
2. Player 2 starts on the opposite side of the room (or kitchen table) from the bowl. When Player 1 says "Go," Player 2 hops across the room, grabs a piece of paper from the bowl, and takes it back to the starting point. He or she then opens it to reveal the letter they have chosen.
3. Player 2 must go back and forth until he or she is able to spell out the 5 letter word Player 1 created.
4. The X's in the bowl will slow play time down but don't count toward spelling the 5-letter word.
5. Switch roles to let Player 2 create a new word. The winner is the player who gets the fastest time.

Game Variations:

- Play without the X's to see who can go back and forth the fastest.
- Use 6-7 letter words (carrot, banana, orange, cabbage, etc.) or use 4 letter words, (pear, plum, corn, etc.) for younger children.
- Instead of hopping back and forth, skip, trot or hop on one foot.

NOTE: If you live in an apartment and have people living below you, please be courteous to them when playing the game.

